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WE

FIT

YOU



ELECTROSTIMULATION FOR FITNESS

NIEMS PRO

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#WEFITYOU

01

WHAT IS ELECTRO-MUSCULAR STIMULATION (EMS)?

Electro-Muscular Stimulation, or EMS, is the stimulation of muscles by passing **harmless electrical impulses** through them. The impulses are generated by a compact device and then transmitted to the desired muscle groups via carefully located electrodes.

By mimicking the signals sent via the central nervous system, EMS impulses cause muscle contraction. When combined with exercise, EMS increases the intensity of the **muscle contraction** and creates up to 40% more force*.

- **Successfully used** in physical training for decades.
- Effective and convenient targeting of **individual or multiple muscle groups** simultaneously.
- Complements any existing land-based training routine - and **enhances the results**.
- Numerous **scientific studies** reveal EMS to be highly effective.



WHAT DO WE OFFER?

Wiemspro provide the first and **only truly wireless EMS system in the world**, with total control of up to 10 suits separately from a single iOS device.

The **entire integrated system** of Suit, controller Device, and App are all 100% original - exclusively manufactured in Spain by a passionate team of fitness professionals and enthusiasts.

- The most advanced, comfortable, safe, and long-lasting EMS **suits** on the planet.

- Completely **wireless connection** allows you to train with EMS anywhere – even outside!

- Powerful iOS app allows full **control** of EMS delivery – for every individual muscle group.

- Intuitive interface provides fast and easy access to a **wide range of functions and settings**.

- Increase your profits by adding EMS to **group sessions** with up to 10 suits controlled from a single app.

- **Get full training** in delivering all the benefits of EMS to your clients – and join the growing worldwide family of Wiemspro Certified EMS Trainers.



02

WIEMS PRO



TRAINING WITHOUT LIMITS



03

HOW IS WIEMSPRO INNOVATIVE?

Wiemspro develops EMS systems specifically for fitness professionals. We are committed to creating all of our products with the needs of coaches and athletes in mind.

The result is an innovative system that **maximises the results** for you and your clients.

APP: Easy to configure, simple, and intuitive.

DEVICE: Completely wireless, train indoors or out for up to 8 hours with a single charge.

SUITS: Flexible, versatile, and comfortable - allowing full range of movement for any exercise.

TECHNOLOGY: 100% Original - Developed in the European Union and Spain.

Wiemspro provides the highest-quality EMS systems, ready to integrate in gyms, sports and fitness centres, sports clubs, professional athletes - to enhance to results of any individual and group activities.



04

OUR GOALS

WE FIT YOUR BUSINESS:

Manufacture the most comfortable EMS suits in the world - completely free-moving, breathable, and wireless - allowing your clients to train without limits.

WE FIT YOUR TRAINING:

Provide the most effective and high-quality EMS system, capable of enhancing the benefits of any exercise you already perform with clients.

WE FIT YOUR CLIENTS:

Maximise your business potential by easily adding value to any workout or group training with the incredible benefits of EMS: WiemsPro show you how!

THE WIEMSPRO SYSTEM

05



SUITS



DEVICES



APP



TRAINING



05.a

OUR SUITS

Designed to be the most comfortable, flexible, versatile suits in the world.

Wiemspro has revolutionized the EMS suit by integrating all cables to offer maximum freedom of movement. During the development process, only the best and most advanced materials were selected to create totally innovative suits that are central to the WiemsPro System.

COMFORTABLE

Enjoy complete freedom of movement.

FLEXIBLE

Feel the fabric adapt to your body.

VERSATILE

Adjust the electrodes for better results.

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LITHE PRO

Lithe Pro suits and jackets allow athletes to add EMS to any indoor or outdoor exercise in absolute comfort, and help them achieve better results.



Easy Maintenance: Easy to use and simple to store - designed for you to forget about maintenance.



Fit & flex: The advanced materials bring the high levels of flexibility and comfort during dynamic training sessions while maintaining correct EMS functionality.



Adjustable electrodes: Ensure correct placement of the electrodes for each client to maximize the results of any training.



Plug & Play: Minimizes fuss when adapting the suit to each client.



Interior wires: The own manufacture of the cables guarantees the maximum adaptation to the suit, allowing camouflage inside to provide versatility and comfort.



FLEX TECHNOLOGY FABRIC

ADJUSTABLE ELECTRODES

ADAPTABLE TO THE BODY

EASY TO USE DESIGN

SAFE & RELIABLE

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REVOLUTION PRO

Revolution Pro allows the athlete to develop high intensity training with the highest resistance and comfort.



Easy Maintenance: Easy to use and simple to store - designed for you to forget about maintenance.



Fit & force: The intelligent fabric maintains ideal conditions for maximum comfort through movements. Highly resistant with incredible freedom of movement.



Adjustable electrodes: Ensure correct placement of the electrodes for each client to maximize the results of any training.



Plug & Play: Minimizes fuss when adapting the suit to each client.



Interior wires: The own manufacture of the cables guarantees the maximum adaptation to the suit, allowing camouflage inside to provide versatility and comfort.



FORCE TECHNOLOGY FABRIC

ADJUSTABLE ELECTRODES

RESISTANT & ADAPTABLE

EASY TO USE DESIGN

SAFE & RELIABLE

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05.b



#WEFITYOU

OUR DEVICES

Wiemspro designs and manufactures all devices using the latest technology for signal EMS generation, conditioning, and processing. Our multi-generator system allows us to create impulses in a controlled and safe way using all types of waves, with higher performance and lower energy consumption.

All Wiemspro technology is exclusively developed in Spain and Europe.



In and out unlimited: Designed to give you maximum freedom to plan both indoor and outdoor training sessions and create effective and enjoyable new workout experiences for clients.



Li-ION Battery: Provides maximum performance throughout any kind of training with up to 8 hours continuous use.



Max wave performance: Unique to Wiemspro, configure all Wave parameters to customize each training, for up to 10 suits.



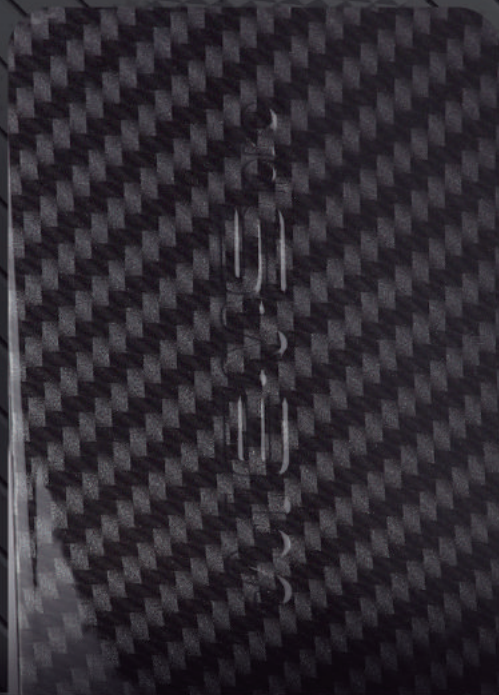
Easy charge connect: Charge with any Mini USB connector for optimal convenience.



Auto link: Automatic linking between device and application: Just turn on your device and train.



Bluetooth 4.0: Using Bluetooth Low Energy for low consumption, high performance for every training training, and the most stable and fast between device and software control.



NEW EDITION



WIEMS PRO



EUROPEAN TECHNOLOGY
100% MADE IN SPAIN





05.c



**TOTAL TRAINING CONTROL IN
THE PALM OF YOUR HAND**

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OUR APP

Control all settings and access all functions of each device quickly with the **intuitive** WiemsPro app.

Pre-configure your trainings in the application, then link up to 10 devices for complete control and adjustment during the session. The APP will automatically store all user training information, providing access to metrics to analyse and track each athlete's performance.

The app **enhances your existing skills and knowledge** and allows you to optimize results for your athletes.



Late checking: Add latecomers into your session at any time and regulate their program individually, or with the group.



Lefthanded: Flip the app controls to left or right for maximum control and security when holding your iPad.



CCAdvice: Real-time status indicators for connectivity and signal strength for each linked device.



Apple partnership: Wiemspro have secured an agreement with Apple and its range of iPad products for the development of Wiemspro technology worldwide.



Top iPad Selection: Compatible with the entire range of the latest generation of iPads.



Wiemspro Cloud: Automatically uploads all client and training data. Work, organize and recover your data at any time.



10 Channels: Work the 10 main muscle groups for each connected suit.



Quick session Start: Fast login, and no wasting time calibrating impulse intensity. Record optimal training intensity for each client and recover it with a single click - or adjust it later, depending on client needs.



Safe intensity program: Intensity values of each session are automatically recorded, so you know the status of your client at all times.



Up to 12: Maximise profits with up to 12 EMS clients at the same time thanks to innovative and advanced WiemsPro technology.



Manager Device control: Geolocate and control all of your devices.



Free app: Download our app free from the Apple Store.



05.d

TRAINING AND CERTIFICATION

Professional Training for EMS Certification - validate your skills and unlock the benefits of EMS.

We show you how! Acquire all the EMS knowledge and skills you need with **Wiemspro online training** and become a Wiemspro Certified EMS Fitness Trainer. We provide complete training in how to get the most out of the entire integrated WiemsPro system. You will learn and understand all the theoretical knowledge for effective application of EMS and also complement and innovate your workouts.

- Our technical department includes numerous **certified professionals**, including graduates, and PhDs.
- Our trainers have more than **12 years of experience** providing personal training services and the use of muscle electrostimulation.
- We have the support and collaboration of several **Universities worldwide**, achieving several research and training agreements.
- Our **online training platform** enables us to educate and certify coaches anywhere in the world.

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CERTIFY YOURSELF AS A **WIEMSPRO EMS TRAINER**

Wiemspro offers you two levels of training, allowing you to acquire all the knowledge necessary to specialize in EMS and deliver improved results to your clients.

OFFICIAL CERTIFICATION LEVEL 1: Wiemspro Personal Trainer

The foundational knowledge and practical training required to begin using EMS effectively.

- Historical, physiological, and physical theory of EMS.
- Learn in detail how to use the Wiemspro system to full capacity in your 1-1 personal training sessions.

OFFICIAL CERTIFICATION LEVEL 2: Wiemspro Expert Trainer.

Take your training sessions the level with group training and gain deep technical understanding to unlock the power of WiemsPro - for your clients, and for your business.

- Advanced physiological effects of EMS.
- Progressions and planning for your EMS clients.
- Analysis of the most relevant scientific research into EMS.
- How to optimize and manage EMS group training sessions and customize each users' stimulus for maximum benefit.



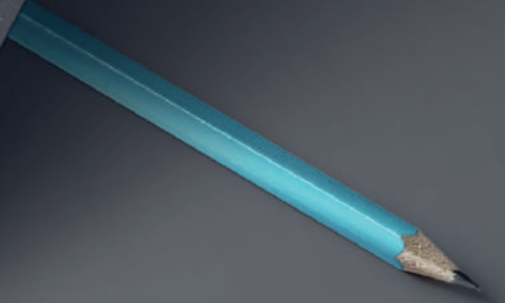
WIEMSPRO

CERTIFIES

THAT MR. ALEXANDER GREENBERG
HAS SUCCESSFULLY FINISHED THE INITIAL TRAINING FOR
GLOBAL ELECTROSTIMULATION PROVIDED BY WIEMSPRO

MÁLAGA, SEPTEMBER 12, 2018

SIGNED: ABRAHAM CARLÉ
(TRAINING MANAGER WIEMSPRO)





WIEMSPRO CABLES ARE PLUG & PLAY, ALLOWING YOU TO CONNECT THE DEVICE TO THE SUIT AND START TRAINING.



MAXIMUM SOFTNESS AND ELASTICITY FOR OPTIMUM TRAINING

ACCESORIES 07



SELECTION OF PRODUCTS ADAPTED FOR THE MAINTENANCE AND BEST PERFORMANCE OF THE WIEMSPRO MATERIALS



ERGONOMIC AND FUNCTIONAL STAND ADAPTED TO POTENTIATE AND SATISFY THE NEEDS OF TRAINING

WWW.WIEMSPRO.COM

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